



# Trish

Trish A. Winchell  
Senior Counsel

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## MY SERVICES

ERISA Litigation

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## EDUCATION

Washington University School of Law, J.D., 1980

Order of the Coif

Valparaiso University, B.A., 1977

Highest Honors

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## ADMISSISSONS

Missouri

## overview

In an era of escalating pension liabilities and health care reforms, Trish Winchell has served as an employee benefits advisor to both public and privately owned businesses and governmental entities.

Trish has extensive experience with qualified and nonqualified retirement plans, welfare plans, and executive compensation, including equity-based plans. She frequently counsels clients facing benefit claims, guiding them through the complex administrative process and developing the ERISA-required responses that protect employers from adverse litigation results down the road.

Plan administrators for governmental pension programs turn to Trish for guidance on the complex laws affecting their benefit plans. In her work for clients ranging from small municipalities across the country to the City of New York, she has successfully redesigned defined benefit and other pension plans in response to budget crises. In 2015, Trish's work on the highly-publicized St. Louis firefighter pension reform – including the drafting of city ordinances supporting the reform – was affirmed by the Missouri Supreme Court.

In her experience with the Affordable Care Act, Trish has helped companies create strategies for complying with the law, weigh the cost-benefit of potential penalties, navigate federal reporting requirements, and determine the best way to offer coverage for employees.

## affiliations

- Bar Association of Metropolitan St. Louis
- Missouri Bar
- American Bar Association
  - Business Section, Employee Benefits Subcommittee
  - Tax Section

## recognitions

- Listed in The Best Lawyers in America® (by BL Rankings), 2012-2025
- Listed in Missouri & Kansas Super Lawyers (by Thomson Reuters), 2005-2013; 2015-2017